



20+ Things for Kids to do While Standing

This is a collection of ideas from parents, clinicians and teachers on activities that they use for their kids when [standing in products like the EasyStand](#), but they can be used whenever your child is in the mood for fun!

- Try sensory items or toys with suction cups that will stick to the tray.
- Instead of their usual TV shows, try shows with lots of music and animation, or even game shows.
- Offer a simplified remote or switch to let them turn on or make selections to a computer, tv or dvd player. Adaptive and single switch games are available.
- Play a video of them doing fun or educational activities. They might decide that their favorite show is about them. You could also do this with just an audio recorder. Again, rig up a switch for them to operate the player.
- Set up their communicator so they can visit or request things while standing.
- Venture into the kitchen for cooking, or fun and messy activities. Depending on what you are making and how interested the child is, you can use devices like the [Powerlink® to connect](#) to a blender, mixer, etc. and let them help you.
- Special needs cutting boards and kitchen tools with special grips are available for the young chefs that need help holding onto their kitchen tools.
- Offer bowls, large spoons, spatulas, and measuring cups. These could be used dry, or with water to let them mimic your actions.
- Make a salad, let them toss it, or put salad mixings in a large bag and let them shake it.
- Bake cupcakes or decorate cookies, they will enjoy shaking on the sprinkles. When finished let them taste those delicious cookies on their stander's tray.
- Tap into their artistic talents. There are crayons that are shaped so kids with special needs can easily grab them! Wide handled brushes, water colors are great for painting. Finger paints are great too.
- Don't forget to try putting paper vertically in front of them on an easel or wall as long as they are standing and can reach.

- Read books or look through family albums while they stand. Adding an angled tray to their stander encourages them to keep their head up.
- Play stories on headphones or boomboxes. Rent recorded stories from the library, or have favorite friends, teachers or family members read and record stories, jokes, poems or letters. Use switches to operate the players, so they can replay or turn power on and off.
- Give them a camera and let them take funny photos of you, the family pet, or other favorite things. They will be fun to look at later. You could also be the photographer.
- Play with Play-Doh® and cookie cutters with large handles and a big rolling pin from the kitchen, they are easier to grip. A ricer, or other kitchen tools are great with Play-Doh®, too.
- Have them blow bubbles, you might find yourself blowing some too. They have many products out, like bubble wands that are easy to hold on to and wave or even pumps to get bubbles.
- Roll them down the halls at school, or around the house in their standing frame. They will love going for a ride and getting a change of scenery. If they have the [mobile option on their stander](#), they could self-propel!
- Bring them into the gym at rehab, school, or even a large room at home and play catch or shoot hoops. [Mobile standers](#) can be excellent for this. Inexpensive suction cup baskets and soft foam balls are great in the house.
- Do crafts. Cut, paste, string, fold, and stuff to create art or functional items for the home or classroom.
- Do puzzles or sewing cards for finger dexterity, and fun.
- Make the tray a stage, and give a puppet show.
- Pretend to fish. Rig up a pole and line with a magnet, then find or create fish and treasures for them to pull up. Make paper cut-outs and use stick-on magnets. Or use refrigerator magnets laid on the floor for them to catch.
- Spend some quiet time playing adaptive board games or doing flash cards. The tray on the EasyStand is a nice surface for these activities.

Sometimes the simplest ideas work the best. Give some of these ideas a try, be creative and add some of your own!

Depending upon the child's personality and abilities not all of these activities may work.

Contact [Wheelchairs Plus](#) for any adaptive kitchen or electronic items mentioned in this article.